

Welcome to our Summer Newsletter



News from the Committee

Speakers

Andrea Walsh visited the group in April and gave a presentation on the Alexander Technique. A first for the group. She did say if she could get enough people interested she would run a class in Bury and the cost per person may work out at about £10 each. If anyone is interested and who has not already put their name forward, please let Lorraine know. If any news is received from Andrea regarding this, all members will be notified.

In May we welcomed back Jenny Gibbs and her husband Mustafa. Jenny gave a talk on running a B&B in Turkey and as always captivating and humorous. They brought with them some new crafts, all handmade in and around where they live in Turkey of which the group received back 10% of all sales made. Sadly attendance was very low.

On 16th June we will welcome back Jo Nichols who is coming to facilitate a seated dance session.

Speaker Meetings

Please can all members bring the right money, in cash, with them on the day (£2.50) and give support to all meetings when able to do so.

Positively Crafty

There is NO craft session on 2nd June due to the Platinum Jubilee Bank Holiday.

Coffee Morning will go ahead on Monday 6th June from 10.30am at Dobbies

Disabled Parking in Bury - in Sherrill's own words

I have noticed that the new Angel Hill Parking machines no longer have anything on them about free parking for Blue Badge holders. I have looked this up on the West Suffolk council web site and it states there is free parking on the Angel Hill. I spoke to a Parking Enforcement Patrol Officer on the Angel Hill to see what they had to say as the last thing I want is to have to contest a parking fine. She said that they knew that parking was free. She also stated that there was going to be information put on the machines but didn't know when this would happen. Apparently the council have been looking into disabled access around Bury St Edmunds. For instance having a parking space immediately in front of a dropped kerb! Nothing to do with the articles in the local papers I'm sure.

There is also free parking for Blue Badge holders in the Buttermarket and Cornhill areas. There are signs on the machines but they are so small you can hardly see them, even if you are looking for them.

Please pass this information onto any Blue Badge holders you know especially those who do not have access to a computer or Facebook.



Bringing likeminded people together

Run for Patients by Patients

SERV—Suffolk & Cambridgeshire—The Bloodrunners presentation by Kerry in March

Dear Lorraine

On behalf of SERV Suffolk and Cambridgeshire, I would like to thank you and your supporters for the donation of £50.00 following a recent presentation to your group about 'what we do'. It really is greatly appreciated.

As you are now aware, we provide a free delivery service 24 hours a day, every day for our local hospitals, hospices, milk banks and air ambulance services for clinically urgent blood, blood products, samples, medicines and donated human milk saving the NHS hundreds of thousands of pounds.

Your donation will go towards our operational costs, helping us to continue to provide this vital service.

As a registered charity, we rely entirely on generous donations from people like you, support from local businesses, grants and trusts from the local community. Above all, we have the dedication of our amazing volunteers who give so much of their time and mostly use their own vehicles.

Thank you once again for inviting SERV Suffolk and Cambridgeshire to your group, I have also attached a certificate of thanks that you may wish to distribute or display at your meetings. May I also take this opportunity to wish your group all the very best for the future.

Yours sincerely

Derek Fowler

For and on behalf of the volunteers of SERV Suffolk & Cambridgeshire



CHRONIC PAIN SUPPORT GROUP B.S.E.

Thank you so much for your generous donation of £50.00

This money will go towards making a real difference to our operations - providing a free delivery service for clinically urgent blood, blood products and donated human milk for our local NHS Hospitals, Air Ambulance Services and Hospices. We rely entirely on generous donations from the public, local businesses, grants and trusts to support our amazing volunteers who mostly use their own vehicles to provide this vital service.

29th March 2022



A **big thank you** to all of you for your support and contributions to the raffle.

Please send your articles and suggestions to the contact details below.

You can find the in-depth articles on our website www.chronicpainsupportgroup.co.uk

Bringing likeminded people together



Tel: 07724 18 777 4
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Web: www.chronicpainsupportgroup.co.uk

Next meeting 16 Jun
Southgate Com Centre